

Robert (Bob) Anderson

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Paia HI 96779
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Objective

Position as Teacher, Athletic Director, Head Coach

Highlights of Qualifications

- Proven success in implementing wrestling, Surfing and Strength Training
- Dean of Students
- Strong practical and theoretical foundation in Coaching wrestling, Nutritional Science, Physical education.

Professional Experience

Ka'ahuamanu Hou School, Kahului, HI 1996-Present
Coach, Teacher, Athletic Director, Dean of Students

Taught students to develop their minds and bodies physically and spiritually. Set up a Nutritional Science and, Strength training program for all sports. Taught Surfing, Health, Geography, Nutritional Science, Physical Education and Driver's Training.

Achievements

- Increased wrestling in the school and brought in new students
- Achieved Greco-Roman and Freestyle Wrestling programs in the community

USA Greco-Roman Olympic Team Coaching Staff 1996
Technical Coach, Trainer

Assigned to travel and coach the USA Team in pre-Olympic training camps. Technical Coach at the Olympic Games in Atlanta. Personally coached four athletes in preparation to participate in the final Olympic Trials (Concord, CA). Two made the 1996 Olympic Team and two were Olympic alternates.

Achievements

- Provided fitness and strength training programs
- Worked with mental preparation
- Taught wrestling technical skills

JETS, (Junior Elite Training Systems) San Clemente, CA. 1988-1983
Founder, Director, Head Coach

Raised funds, supervised budget, coordinated volunteers, arranged athletic programs and purchased fitness/ wrestling equipment. Arranged for assistant coaches. Scheduled fitness conditioning for JETS. Head Coach for Cadets through Open Division. Arranged team events, and training camps in other countries such as Russia, Canadian,

Achievements

- Designed and built Jets training Facility which served as a California Regional training Center.
- Developed a year round Greco-Roman and Freestyle Technique
- Established international contacts and hosted Russian and Canadian teams in the USA
- Won 12 USA National Greco-Roman and Freestyle Championships in various age levels

Professional Experience

Athletes In Action, San Bernardino, CA

1968-1982

Head Coach, Assistant Freestyle Coach, Head Strength and Sambo Coach

Competed, coached, recruited athletes, public speaking, teaching, counseling, fund raising and traveled nationwide.

Achievements

- Coached and Won AIA teams in GR Nationals and FS National Championships
- Coached Bronze Medalist GR World Championships, Coached seven gold, two Silver medalist in the Pan Am. Union Games in Sambo style
- Personally won Gold Medal at Pan American in Sambo

Professional Achievements

Achievements 1992-2000 Coaching

- Conditioned 1992 and 1996 GR Olympic Team Member Dan Henderson (placed 10th in Barcelona)
- Olympic Team Member Jason Gleasman, 1996
- Olympic Team Member, Heath Sims
- 5 Olympic Team Finalist

Achievements 1990 Coached

- Olympic Festival Minnesota

Achievements 1989 Coached

- World Cup Champion
- Conditioned in fitness training and nutritional guidance to Gogi Parseghian for World Cup
- 1989 Gold Cup Medalist

Achievements 1990- 1991 Head Wrestling Coach

- San Diego University
- Successfully raised and initiated the SDSU Wrestling program

Achievements 1983 Head Wrestling Coach

- USA schoolboy and Cadet World Championships USA Wrestling
- Successfully coached and conditioned 13-16 year old to Team World Champions
- 13 World Champions

Achievements 1982 Head Wrestling Coach

- American Youth Sports Foundation California
- Successfully coached and recruited wrestlers with Olympic ambitions

Achievements

- Traveled all over Continental USA and Hawaii
- Traveled Internationally , Russia, Rumania, Spain, Guam, Brazil, Bulgaria, Iran, England Norway, Guatemala, Italy, Columbia, Sweden, Ubekestan, also Mexico and Canada

Education

Industrial Arts Degree - **El Camino Jr. College**, 1964
Bachelor of Arts - Secondary Education Major Physical Education - **Adams State College College**, 1967
Graduate Work In Physical Education, **California State University**, 1968
Physical Education Instructor, **Long Beach State**, 1973
Master's Degree in Nutrition, **Donsbac University Huntington Beach, CA**, 1980
Doctorate in Nutrition PHD. **Donsbach University Huntington Beach CA**, 1985

References

upon request

Personal wrestling accomplishments and Championships from 1996 to 1999 upon request

BOB ANDERSON - RESUME'

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EDUCATION:

1964 Graduated Torrance High School, Torrance CA
 1964-1965 El Camino Jr. College: Industrial Arts
 Degree (AA); 16007 Crenshaw Blvd, Torrance CA 90506
 1966-1967 Adams State College: B.A. Secondary Education
 Major Physical Educ., Minors-Health, Safety, Art
 1967-1968 Calif. State Univ. Long Beach: Graduate
 Work in Physical Education
 1978-1980 Donsbach University, Huntington Beach, CA
 Completed Master's Degree in Nutrition
 1983-1985 Donsbach University, Huntington Beach, CA
 Completed Doctorate in Nutrition (PhD)

REFERENCES:

Gogi Parseghian: 1989 World Cup Champion - (818)988-5853 or
 (714)361-2051 *See Letter Attached
 Gene Davis: Former AIA Nat'l Coach - (719)591-1412
 1976 Olympic Bronze Medallist
 Terrence McCann: Former President USA Wrestling - (714)496-7792
 *See Letter Attached
 Merle Hill: President/Owner - Cardio-Fit Health Club(s)
 (714)586-1010 *See Letter Attached

PERSONAL WRESTLING ACCOMPLISHMENTS/CHAMPIONSHIPS:

1977+79 Pan American Champion (Sambo)
 1971 Pan American Silver Medallist (Freestyle)
 1978 YMCA Nat'l Champion (Greco-Roman)
 1978 YMCA National Champion (Freestyle)
 1976+77 National Champion, AAU (Sambo)
 1972+76 Olympic Team Alternate
 1968 Olympic Team Alternate
 1974 National Champion, USWF (Freestyle)
 1971 National Pan Am Games Trials Champion (Freestyle)
 1968 National Olympic Trials Champion (Greco-Roman)
 1976+77 AAU All-American
 1974 USWF All American
 1965 NCAA All-American
 1965+66 NAIA All-American

PERSONAL HONORS BESTOWED:

1989 Inducted into El Camino College Hall of Fame
 1976 Chosen as one of "Outstanding Young Men of America" (AIA)

TRAVEL WHILE COACHING/WRESTLING:

Traveled all over continental USA and Hawaii as well as
 internationally to: Russia Romania Spain Guam Brazil
 Bulgaria Iran England Mexico Norway
 Guatamala Italy Canada Columbia Sweden

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ADDITIONAL COACHING EXPERIENCE (WRESTLING):

1994 - HEAD COACH JETS WRESTLING - Currently coaching and conditioning '92 GR Olympic Team Member Dan Henderson and Heath Sims, current GR World Cup Team Member, and an elite core of JETS athletes in preparation for the '94 season and '96 Olympics.

1992 - HEAD COACH JETS WRESTLING - Coached five Olympic Team Finalists and one *Olympic Team Member (placed 10th in Barcelona). Have coached *Dan Henderson since 5th grade.

1990 - OLYMPIC FESTIVAL COACH - Minnesota

1989 - COACHED WORLD CUP CHAMPION - Coached, conditioned and gave fitness/nutritional guidance to Gogi Parseghian in preparation for World Cup Championships. Results: 1989 Gold Medalist (See reference letter attached.)

1990-1991 - HEAD WRESTLING COACH - SAN DIEGO STATE UNIVERSITY
Successfully raised funding and initiated the SDSU wrestling program.

1983 - HEAD WRESTLING COACH - USA Team, Schoolboy and Cadet World Championships: USA Wrestling. Duties: Coaching and conditioning young wrestlers (ages 13-16) for international competition. Result: Team World Champions (13 World champions).

1982 - HEAD WRESTLING COACH: American Youth Sports Foundation
Huntington Beach, CA - Duties: Coaching and recruiting wrestlers with Olympic ambitions.

1981 - HEAD WRESTLING COACH, USA Team, Milano Tournament, Naples, Italy and International Tournament in Romania: Amateur Athletic Union, 3400 West 86th Street, Indianapolis, IN. 46268 - Contact: John Dustin. Duties: Coached and conditioned young athletes for international competition. Results: First Place FS beating Soviet National Team in both tournaments.

1981 - GUEST COACH - National FS & GR Team, Guatamala

1979+80 - HEAD WRESTLING COACH, USA Team World Championships Spain: Amateur Athletic Union. Set up training camp, conditioning, weight train. Result: Team took 5th, Sambo.

1979 - COACHED Bob Walker to win FS Bronze, World Championships.

1977+79 - HEAD WRESTLING COACH, USA Team Pan Am Union Games.

Results: Games Team Champions, Sambo, Mexico City & USA.

1978 - GUEST COACH, National Team, Brazil. FS/GR/Sambo.

1978 - WRESTLING COACH, Junior Elite World Championships - AAU -

Results: Team took 2nd Place FS.

1978 - COACH - Olympic Festival: US Olympic Committee - AAU FS

1977-1980 - NAT'L COACH, AAU - SAMBO Style

1976 - COACHED Gene Davis to win Olympic FS Bronze (Long Bch.State)